

PHCC Weekend Paddle Plan for 2020

1st Saturday Paddles Managed by Bill Richmond and Frazer Ely

4th Jan, 1st Feb, 7th Mar, 4th Apr, 2nd May, 6th Jun, 4th Jul, 1st Aug, 5th Sep, 3rd Oct, 7th Nov, 5th Dec.

2nd Sunday Paddles Managed by Steve Hills and Paulette Hills

12th Jan, 9th Feb, 15th Mar, 11th Apr (Sat), 10th May, 14th Jun, 12th Jul, 9th Aug, 13th Sep, 11th Oct, 15th Nov, 13th Dec.

3rd Saturday Paddles Managed by Alan Trevarton, Helen Conyers and Frazer Ely

18th Jan, 15th Feb, 21st Mar, 18th Apr, 16th May, 20th Jun, 18th Jul, 15th Aug, 19th Sept, 17th Oct, 21st Nov, 19th Dec.

4th Sunday Paddles Managed by Cheryl Williams and Paul Levett

26th Jan, 23rd Feb, 29th Mar, 26th Apr, 24th May, 28th Jun, 26th Jul, 23rd Aug, 27th Sep, 25th Oct, 29th Nov, 27th Dec.

Ladies Paddles Managed by Paulette Hills

25th Jan, 29th Feb, 28th Mar, 25th Apr, 23rd May, 27th Jun, 25th Jul, 22nd Aug, 26th Sep, 24th Oct, 28th Nov, Dec TBC

General Leader guidelines for the above paddles.

First Saturday paddle is for novices as an introduction to club trips who have completed their Discover award (old 1 star) and can carry out a wet exit in a controlled manner. Generally, sea kayaks or similar and harbour based of circa 3 hours paddling duration with a lunch stop. Winds not exceeding B 3 or 4. Group numbers will be managed by the leader as required. The group leader has the final say as to who joins them on the paddle and can refuse to allow members on the water as part of the group if they are not satisfied that the paddler is of the required standard or dressed appropriately for the conditions on the day.

Second Sunday paddle is a relaxed paddle for intermediate paddlers who have completed their Explore award (old 2 star) or equivalent experience and are becoming confident with rescues and working towards being a self-sufficient paddler. Generally, sea kayaks or similar. Harbour based with winds up to B 4 but when conditions allow will move out of the harbour to expose the paddlers to a wider range of sea states along the Jurassic Coast. A return paddle from Knoll Beach to Swanage being a good example with a benign tide and conditions not exceeding B 3 and tides of less than 1 knot. This paddle will normally be a day trip involving lunch. Group numbers will be managed by the leader as required. The group leader has the final say as to who joins them on the paddle and can refuse to allow

members on the water as part of the group if they are not satisfied that the paddler is of the required standard or dressed appropriately for the conditions on the day.

Third Saturday paddle is for competent paddlers who as a minimum have achieved their Explore award (old 2 star) or kayak award (old 3 star) or equivalent experience and are self-sufficient when on the water. Generally, sea kayaks with paddlers providing their own equipment. This is normally an out of the harbour paddle and may move away from the Purbeck coast when conditions allow. Wind conditions up to F 4/5 and tides of circa 2 knots may be experienced. Tide races and overfalls may be encountered but it is down to the judgement of the leader as to the conditions that the group paddles in on the day 5. This paddle will normally be a day trip involving lunch. Group numbers will be managed by the leader as required. The group leader has the final say as to who joins them on the paddle and can refuse to allow members on the water as part of the group if they are not satisfied that the paddler is of the required standard or dressed appropriately for the conditions on the day.

Fourth Sunday paddle is for competent paddlers who have completed their kayak award (old 3 star) or equivalent experience and are self-sufficient when on the water. Generally, sea kayaks with paddlers providing their own equipment. This is normally an out of the harbour paddle and may move away from the Purbeck coast when conditions allow. Wind conditions up to F 4/5 and tides of circa 2 knots may be experienced. Tide races and overfalls may be encountered but it is down to the judgement of the leader as to the conditions that the group paddles in on the day. This paddle will normally be a day trip involving lunch. Group numbers will be managed by the leader as required. The group leader has the final say as to who joins them on the paddle and can refuse to allow members on the water as part of the group if they are not satisfied that the paddler is of the required standard or dressed appropriately for the conditions on the day.

Ladies paddle is for beginner/intermediate female paddlers and juniors (16+) who have completed their Discover award (old one star) or equivalent experience and are becoming confident with rescues and working towards being a self-sufficient paddler. Generally, sea kayaks or similar. Harbour based with winds up to B 4 but when conditions allow may move out of the harbour to expose the paddlers to a wider range of sea conditions. This paddle will normally be a half day trip with no more than 3 hours paddling time. Group numbers will be managed by the leader as required. The group leader has the final say as to who joins them on the paddle and can refuse to allow members on the water as part of the group if they are not satisfied that the paddler is of the required standard or dressed appropriately for the conditions on the day.

General

In order to keep track of who attends these paddles could trip leaders please use the PHCC trip register and make sure it is completed by ALL paddlers on the day. Once completed either leave it in the Boat House or if out of area leave it in the Boat House at the earliest convenience. This allows the club to measure the success of the paddles with the numbers being reported annually at the AGM.

The wearing of helmets is encouraged but not compulsory. It is down to the judgement of the leader as to how this is applied and the conditions that require them to be worn.

It is expected that the paddlers who join the above groups are wearing the appropriate safety equipment for the activity being undertaken on the day. It is down to the leader to manage this.

For further clarification as to the recommended guidelines and responsibilities for paddlers and leaders, please refer to the updated documents "Leaders Guidelines 2020 and Paddlers guidelines 2020" Copies are available from me if required and also posted on the notice board at the Boat House, Lake Pier and PHCC web site.

Steve Hills 17th Jan 2020