

Poole Harbour Canoe Club

Appendices to Annual Report 2020

AGM APPENDIX 1 - POOLE HARBOUR CANOE CLUB

Charitable Incorporated Organisation Reg No 1152531

DEVELOPMENT PLAN 2017 to 2021

Progress Update ~~January~~ ~~September 2019~~ Jan Nov 2020

Our Club Objective is ‘the promotion of community participation in healthy recreation by the provision of facilities for the sport of paddle sport’.

We operate from 3 main locations – Our Harbour Base at Lake Pier, Hamworthy; our Riverside Wimborne base; and Ferndown swimming pool.

In 2017 we conducted a membership survey. Using the results of this survey, other feedback and also linking to the British Canoeing Stronger Together Strategic Plan (2017- 2021), we have agreed that our Key Aims are to:

- Be a welcoming Club where members can be inspired to safely develop their paddle-sport skills, increase their involvement and enjoy good fun and friendship
- Provide more opportunities to get afloat and across an increasing number of paddle sport disciplines
- Promote existing and explore more opportunities for families to paddle together
- Provide shorter, more leisurely paddling opportunities for those where time, distance or pace may be an issue
- Continue to develop racing and explore other competition disciplines
- Develop plans to maintain and enhance facilities across all our sites
- Encourage more members to support the Club through volunteering and coach development

AND through these Aims to retain and increase membership and participation opportunities.

11/20 Note: COVID 19 has severely impacted on Club Activities in 2020

DETAILED PHCC SPORTS DEVELOPMENT PLAN 2017 - 2021 – The Plan will be reviewed and adjusted every year.

INCREASING PARTICIPATION, INCREASING AND RETAINING MEMBERSHIP 2017 Members = 2021 Target =			
Areas linked to Stronger Together Descriptors as appropriate	Actions	Persons Responsible/ Measures where appropriate	Target Date
1. Good information about the Club is readily available in a number of formats. C1 (1), C2	<ul style="list-style-type: none"> Conduct annual review of website to review content and effective organisation of information Produce and update Club information leaflet/poster 	Webmaster (Behind as at Jan 19) Conducted – no major changes (June 19) Marketing Officer (Done 7/18) Documents due for review as 1/20 11/20 Revamp of Website delayed due to COVID	Ongoing – review each year
2. Possibility of strengthening links to local youth groups; in particular scouts/guides to be explored as a potential source of membership. C3	<ul style="list-style-type: none"> BC Satellite funding initiative in respect of Scouts/guides near to Riverside to be actioned – to enhance and make more constructive existing contacts Look for new opportunities 	Riverside Co-ordinator and Junior Rep – Target: 16 x 11 to 14 year olds. (BC Satellite Actions completed 7/18 but work with Scouts continues) COMPLETED AND ONGOING Junior Rep (Ongoing)	End 2018
3. Provide and promote regular introductory sessions to attract new members. Use Go Canoeing materials and promotions to attract new participants and National Go Canoeing Week as a social focus for the club. C4, C9	<ul style="list-style-type: none"> Maintain existing links with Activate Coast and Countryside Project Develop strategy for Lake Pier site 	Activate Confirmed for 2020 Trustees (Ongoing) Open days and Taster sessions at both sites. ONGOING 11/20 Apart from one taster session all Open Days and activities cancelled due to COVID.	Ongoing – review each year
4. Proactively promote and encourage British Canoeing membership and its benefits as a way of enhancing their own membership. C5	<ul style="list-style-type: none"> Promote benefits of BC membership 	Membership Secretary & Magazine/Marketing Officer	Summer 2018 Magazine and then Ongoing
5. Annual Members Survey. C6	<ul style="list-style-type: none"> Carry out annual survey Review results and develop action plan as appropriate Feedback to Members 	Trustees Target – maintain or increase Members who rate experience of Club as good or above – 2017 - 75.4%	Autumn 2018 Survey conducted Dec 18 Dec 19

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		2018 – 88% 😊 2019 – 87.5% 😊 2020 - ??????	
6. Maintain the rich and varied recreational paddling opportunities that already exist within the club whilst looking to offer new opportunities. C7	<ul style="list-style-type: none"> Maintain and build on the current programme of recreational paddling within the club. Expand ladies and junior paddles started in 2017 Agree and implement policy on participation of Children and Families in Club Activities and the Club's Position on Non Club Paddle sport Activities. 	Trustees – Training Officer Coaching team Trustees Policy agreed 2/18. Reviewed Sep 2019 11/20 Policy Review	Ongoing – Review each year
7. Maintain the comprehensive use of Star and Paddle Power Awards within the club. C8	<ul style="list-style-type: none"> Implement training plans Review approach in light to BC changes planned for 2019 	Training Officer (Achieved and Ongoing) taking into account new BC Awards	Ongoing – Review each year

CLUB DEVELOPMENT, GOOD GOVERNANCE AND CLUB FACILITIES

Areas linked to Stronger Together Descriptors as appropriate	Actions	Persons Responsible/ Measures where appropriate	Target Date
8. Ensure that the club's constitution is in line with Charity Commission and British Canoeing Guidance. C11	<ul style="list-style-type: none"> Review the constitution on an annual basis 	Trustees Procurement Guidelines agreed 5/18. Completed and changes agreed at AGM 3/2019. Further changes Procurement 1/2020	September 2018
9. Club development across all locations. We recognise that our different locations will have different needs and community needs to address. C10	<ul style="list-style-type: none"> Work with partners to secure the long term future of the Club at all sites and to input to site development. The specific vision for Riverside agreed with partners is shown in Appendix 1. Specific visions for the other locations will be agreed as required and will be in line with the club's overall stated objectives. 	Trustees (note: Change of ownership at Riverside to Town Council delayed) Defib Fundraising for Riverside completed. Riverside Vision updated 11/19	Ongoing

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10. Ensure incorporation and compliance with all BC policies and procedure guidelines for best practice. C12	<ul style="list-style-type: none"> Review and update Clubmark/Top Club folder contents – policies/ procedure/ RA etc 	Trustees RAs agreed 1/2020 11/20 Additional COVID RAs introduced on resumption of Club paddles.	January 2019 Then Annual Review
11. Embed guidance on the Environmental Code C14	<ul style="list-style-type: none"> Encourage all members to use this guidance. 	All members and reinforced by the coaching team	September 2018 and ongoing

PROMOTING COMPETITION AND EVENTS			
Areas linked to Stronger Together Descriptors as appropriate	Actions	Persons Responsible/ Measures where appropriate	Target Date
12. Explore opportunities for the club to host local, regional or national competitions or events and encourage more members to participate. C15,C16	<ul style="list-style-type: none"> Continue running the annual Harbour Race from Lake Pier. Maintain and expand sprint and marathon race teams and annual fun race event at Riverside Develop plan for Slalom Explore opportunities for further development of polo training and competition. 	Harbour Race Team – 2019 - Cancelled due to lack of volunteer support. 2020 – Cancelled due to COVID Riverside Race Team/ Leaders P Hobby Jenni Dennett/P Hobby – Entry to SW League agreed and funded by Club. New boats. 11/20 Comps cancelled due to COVID	Sept 2018 and ongoing ALL areas in this section being developed and ongoing

PROMOTING AND DEVELOPING VOLUNTEERS, COACHES AND LEADERS			
Areas linked to Stronger Together Descriptors as appropriate	Actions	Persons Responsible/ Measures where appropriate	Target Date
13. Encourage more members to become coaches, leaders or event organisers. Recognise our volunteers. C17, C18, C19	<ul style="list-style-type: none"> Maintain close dialogue with James Hinves – BC Area Development Officer South. Review new BC Coaching and Volunteer information. 	Training Officer/Trustees (Good links maintained)	Ongoing – review each year. Start Jan 18

	<ul style="list-style-type: none"> • Trial Paddle-sport Activity Assistant Scheme • Identify club coaching needs and offer financial support as appropriate. • Actively recruit coaches and leaders. 	<p>Training Officer/Trustees (Slow start but ongoing). Increased take up as at 9/2019</p> <p>Training Officer/Trustees (ongoing across a range of disciplines/quals – financial support, free update course i.e. First Aid for coaches) Training Officer/Trustees TRUSTEES RECOGNISE WE NEED TO ENCOURAGE MORE MEMBERS TO VOLUNTEER</p>	<p>Ongoing</p> <p>Ongoing</p>
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IMPROVING COMMUNICATIONS			
Areas linked to Stronger Together Descriptors as appropriate	Actions	Persons Responsible/ Measures where appropriate	Target Date
14. Raise profile of PHCC in the communities surrounding its 3 bases of operation (2). C20	<ul style="list-style-type: none"> • Submit articles/news to local papers and media outlets. 	Marketing Officer/trustees (Ongoing – Harbour race, Wimborne Sprint, Save Children Parade, newspaper. Radio Wimborne etc..) 11/20 COVID has limited or prevented actions in this area.	Ongoing – review each year
15. Link the club website with the British Canoeing website and other sites deemed to be of interest to members. C21	<ul style="list-style-type: none"> • Maintain existing link to British Canoeing Website in both directions 	Trustees/Webmaster	Ongoing

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16. Establish good communication with partners within and outside of British Canoeing who could support club development such as county sport partnerships and local authorities. C22	<ul style="list-style-type: none"> Maintain and enhance working relationships with partners at all sites and other Clubs in the area. 	Trustees (Ongoing – Scouts, ISIS, Dorset Public Health etc)	Ongoing – review each year
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(1) Stronger Together. The Strategic Plan for British Canoeing. 2017-2021. Actions for clubs and centres to support the delivery of the strategic plan for British Canoeing (p43)

Appendix 1 (updated Nov 2019)

'Vision' for Riverside, Wimborne as:

"A community resource for paddle sport offering:

~ Racing Boat Paddling - A Kayak/Canoe racing centre for the Club/Area- sprint, Hasler, marathon (Devizes to Westminster, Waterside etc) and white water.

~ Leisure, Fitness and Health - A Flat water and fitness paddling centre for Club members and the public - accessible to all regardless of age, ability etc

~ Skills Development - An additional location for delivery of British Canoeing Paddlesport Award training and assessment for the Club.

~ Accessibility - through shared arrangements with DDCU (Dorset Disabled Canoe Unit) and Dreamboats (public hire of accessible kayaks and canoes).

A vision of this type fits with the clubs stated objective – 'to promote community participation in healthy recreation by the provision of facilities for paddle sport'. "

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APPENDIX 2 – Activity Schedules

April to October 2020	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Day	<p>2nd Sunday paddle in the harbour or at a different venue if conditions allow 2 star or equivalent standard</p> <p>4th Sunday paddle - Sea paddle three-star or equivalent standard</p> <p>3rd Sunday Short paddle – Leisurely paddle within the harbour one star or equivalent standard</p>						<p>1st Saturday Paddle – Sea paddle in the Harbour. One star or equivalent standard</p> <p>3rd Saturday paddle – Sea paddle three-star or equivalent standard.</p> <p>4th Saturday Ladies and Juniors 14+ shorter paddle. In the harbour, one star or equivalent standard</p> <p>Every week flat water marathon training and junior squad, general purpose kayak and Canadian canoe at Riverside</p> <p>Time trials once per month</p> <p>Slalom</p>

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Eve		Trustees meeting bimonthly usually 2 nd Monday. Lake Pier Sub Meeting Bimonthly. British Canoeing Training at Lake Pier and other venues	Juniors Night – within harbour and other venues Flatwater race training at Riverside	Club night at Lake Pier Sessions for all levels and distance, short, medium and longer harbour paddles for sea kayaks, open boats and SUP's, mixed fleet paddles – rescue practise and skills each month, British Canoeing Training	Sea Thursdays - Sea paddle outside the harbour – Two star plus British Canoeing Training at Lake Pier and other venues Flatwater race training, kayak and canoe at Riverside	2 nd Friday of month- Pool session at Ferndown pool. Beginners session and polo	
<p>Start, Discover and Explore Courses at weekends and evenings as well as Sea Kayak and Canoe Awards also FSRT Courses and Aquatic First Aid; Annual Poole Harbour Race September, Riverside Race Day April, Open Days at Lake Pier and Riverside in April, Out of area trips, Plymouth Aug 2020, Scillies June 2020.</p> <p>Due to COVID-19 much of the above 2020 programme has had to be cancelled. During the summer months some weekend paddles and some training courses at both venues resumed.</p>							

October to April 2020	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Day	<p>2nd Sunday paddle Two-star or equivalent standard in the harbour or at a different venue if conditions allow.</p> <p>4th Sunday paddle – Sea paddle 3 star or equivalent standard.</p>						<p>1st Saturday Paddle – Sea paddle in the Harbour. One star or equivalent standard</p> <p>3rd Saturday paddle – Sea paddle 3 star or equivalent standard.</p> <p>4th Saturday Ladies and Juniors 14+ shorter paddle in the harbour. One star or equivalent standard.</p>

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	3 rd Sunday Short paddle – leisurely paddle 1 start or equivalent standard.						Every week flat water marathon training and Junior squad, general purpose kayak and Canadian canoe from Riverside Time trials once per month Slalom
Eve		Bimonthly: Trustees meeting, Lake Pier Sub Com meeting normally 2 nd Monday		Ferndown Pool. Junior sessions, Practice for all levels plus rolling and Greenland rolling and water confidence courses	Sea Thursdays land based talks, map, planning and safety work at Lake Pier	2 nd Friday of month- Pool session at Ferndown pool. Beginners session and polo	
<p>Mid-week paddling group from Lake Pier.</p> <p>Due to COVID-19 much of the above 2020 programme has had to be cancelled. During the summer months some weekend paddles and some training courses at both venues resumed.</p>							

Appendix 3 to Annual Report of PHCC - 2020 Riverside Wimborne Update and Marathon/Racing Report

The impact of COVID has had a major impact on the Club's activities and plans for Riverside in 2020. Despite that there has been a lot going, when that has been allowed and safe. Once again, our thanks go to Dreamboats, 2nd Wimborne Scouts, Dorset Council and Wimborne Town Council for their continued support of the site and the Club. The 'Vision' for Riverside is included in the Club's Sports Development Plan and is set out at the end of this report.

Riverside is now an important paddlesport base for our sport. A Sub Committee (mirroring that at Lake has been formed) and the name of Wimborne Canoe Club (part of PHCC CIO) adopted. Vince Boon is Chairman of the Sub Committee and Andy Coomes, Secretary.

Riverside depends on all the volunteer coaches, helpers and parents who 'muck' in to make our sessions FUN to be part of, and enable them to run so successfully, constructively and safely throughout the year. Too many people to mention but what a great bunch of people you are – **THANK YOU SO MUCH.**

So, some of the highlights:

1. Promoting our Sport and Activities/Events with our Community Partners – Although planned, our two Open Days/Try a Boat Days scheduled for May and August had to be cancelled. The May Open Day was to have included the official launch of the Community Defibrillator and to give thanks to all the people and organisations that had made it happen. The good news is that Defibrillator has been installed and is available should emergency situations arise.



(Photographs of Community Defibrillator – To make this happen the Club, Dreamboats and 2nd Wimborne Scouts teamed up to raise funds to install a defibrillator on the outside of the Scout Hall at Riverside. A total of @£3,000 was raised and the Defibrillator installed. Special thanks to Wimborne Town Council, Howdens Joinery and Waitrose for contributing so generously to our fundraising.)

Skills sessions with 2nd Wimborne Cubs and Scouts could not be taken forward due to COVID.

2. General Kayaking and Canoeing – This year Neil Turner took on the lead role in the provision of these sessions. It has been great to see coaches from across the Club supporting Neil in covering these popular all age, all welcome sessions. Once again, the Discover Award has been offered. It has been great to see family groups getting afloat and having fun together. Several members built up confidence at Riverside before going on to more challenging opportunities at Lake and elsewhere. In addition, Selwyn Richards, introduced SUP sessions for Club members; an area where interest across the Club has been growing.

3. Race Boat Paddling, Competition and Training – This year, where allowed, 'all age' Tuesday and Thursday evening training sessions during BST complemented year-round Saturday morning sessions.

Following a review/taking stock exercise in 2019 of how the Club was doing in developing the racing discipline a number of developments have been possible including:

- the name/branding of the Club at Riverside (Wimborne Canoe Club).

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- the Club has moved from the South-West Region to the South Region for the Hasler Competition purposes. This means that events will be nearer both in travel times and miles – so hopefully an encouragement go get to more races in the future.
- introduction to racing courses for members have been trialled by Bill Jaggs and Gabby Kelemen (we hope to build on this in 2021).
- use of the Scout Hall in winter months.
- formation a sub-committee to consider operational issues around the Club's Riverside activities across all disciplines.

Sad to report there has been few competitions this year!

Juniors Racing Team– Great news is that our nucleus of junior paddlers has remained buoyant and cheerful in this difficult year. Enthusiasm was high early season at the Axe Descent (pre- March Lockdown) - with good attendance.



River Axe Race All Stars !



K4 fun at Reading



Tim Ostler receiving the Alex Burnside Award
from Mark Taylor Welfare Officer

Once lockdown struck, weekend entertainment was provided by one of our teenage leaders (Tim) sharing his circuit workouts with the group, keeping juniors engaged. **For Tim's tremendous support role at Riverside across all disciplines but particularly to the Juniors it was great to see him awarded the Alex Burnside Award – well done and well deserved!!**

Paddling resumed in the summer and numbers were bolstered by two new U12's who enjoyed the mix of watercraft, technique, time trial and water safety sessions in the kayaks. Going into the winter our hardy core of juniors have continued to paddle, when possible, and are looking forward to 2021.

Going forward we would be looking at providing the opportunity for younger people to try out paddlesports within the club, making new friends, gaining confidence on the water and progressing their kayaking skills as desired.

4. Improvements in Facilities, Volunteers and Equipment – The Club has invested in Riverside this year through the purchase 5 K1's and 2 K2's. One K1 was a new boat for Juniors, purchased using a grant from the Hall and Woodhouse Community Chest. The others have all been good quality used boats. Several boats which were past their 'use by date' have been retired.

Members continue to play their part in looking after the site including on water litter and rubbish clearance sessions, and Boat House, Pontoon and Car Park maintenance.

5. What Next? – Hopefully 2021 will bring us to a time when the Club can fully reboot and start to further develop activities at Wimborne. Against this background the Club will be working hard to:

- develop and maintain use of the site by the Club for skills and award training and for general use paddlers who would like to use this sheltered water base.
- continue growing and investing in our racing section by - continuing to improve our fleet and by the addition of K4 kayaks; promoting open boat racing; and assisting in the development of the slalom discipline (and polo if that is helpful).
- further expand the use of stand up paddleboards.
- continue to work with Dreamboats and other partners to develop a longer-term agreed plan for the development and use of the Riverside site. There is an urgent need for improved and more storage space.
- develop coaches and volunteers to support racing activities and general coaching at Riverside.

Vince Boon, Neil Turner, Bill Jaggs, Matt Harris - Trustees – January 2021

Vision:

'Vision' for Riverside Wimborne: ***"A community resource for paddle sport offering:***

*~ **Racing Boat Paddling** - A Kayak/Canoe racing centre for the Club/Area- sprint, Hasler, marathon (Devizes to Westminster, Waterside etc) and white water.*

*~ **Leisure, Fitness and Health** - A Flat water and fitness paddling centre for Club members and the public - accessible to all regardless of age, ability etc*

*~ **Skills Development** - An additional location for delivery of British Canoeing Paddlesport Award training and assessment for the Club.*

*~ **Accessibility** - through shared arrangements with DDCU (Dorset Disabled Canoe Unit) and Dreamboats (public hire of accessible kayaks and canoes).*

*A vision of this type fits with the clubs stated objective – **'to promote community participation in healthy recreation by the provision of facilities for paddle sport'.**"*

APPENDIX 4 – Junior Report 2020

2020 - After taking the Juniors reigns from Tom Holdsworth as the new Juniors lead just after the first lockdown, I was excited and looking forward to keeping the sessions running smoothly and to keeping them packed with fun.

Unfortunately COVID-19 meant all of our plans for the year had to be amended, this meant smaller group sizes, social distancing, offset start and finish times along with a new risk assessment which meant weather conditions would have to be near perfect, to keep everyone safe and significantly reduce the risk of capsizes and rescues!

With all that in mind the juniors and coaches really enjoyed the sessions when weather permitted, and as the summer came, I had to unfortunately turn away 3 children as we were fully booked.

As the year progressed it became apparent to everyone that the extremely popular and fun pool sessions were not going to be able to go ahead and I advised parents that if they wanted to get their children on the water, then signing them up to Riversides general purpose paddles would be their best option.

A couple of the coaches from the juniors sessions also organised a couple of weekend harbour paddles to help keep the juniors on the water.

2021-2022 - My hopes for juniors in the coming year is for us to run the sessions the same as the previous year. Hopefully, with larger numbers in time, but packed with the same fun and excitement as of last year, also with the hope to push some of the older children in to taking up a more involved role in the session to help keep their interest levels high.

It would also be fantastic if we could get our pool sessions back to normal before the year is out and focus on our rescue sessions and advanced skills, in the comfort of a warm pool.

I would just like to thank all of the coaches, leaders and volunteers as well as the parents, who made last year possible and for all their help!

Here's to 2021.

Michael Taylor
January 2021

APPENDIX 5 - PHCC Slalom 2020

Introduction - At the end of 2019 and the beginning of this year for personal reasons, Peter Hobby stepped down (hopefully temporarily) from his role of development and spokesperson for the slalom activities in the club. Since that time and because of all the restrictions we have all endured the club's current slalom position remains pretty much as it was at Peter's last report - with a small number of active participants - including a few juniors who hopefully will stick with their interest in competing once we get going again. The club has no specific slalom coach with individuals sharing their learning and gleaning from others in the club who aren't currently active in slalom although many who have competed in the past before moving on to other areas of paddling interests.

So Bill Jaggs as club secretary has asked me to write a short report covering the activities of our small group of paddlers within PHCC

2020 - Well, what an odd 2020 racing season that was (or more correctly "wasn't") and which has been much the same as across other areas of the club's activity. In early March I intended to steal a start on the others by driving up to Stone in Staffordshire for one of the earliest of the programmed meets – but didn't do at all well, being really tired on getting there and even more tired on getting back – a 'fun' day out if you like rallying – but in kayaking terms not too valuable an experience! The shutters of Lockdown then descended so all planned events were cancelled just as the season was getting started. Brian Westerby has kept in touch with his moving water skills through a few Dart trips, and one to the Nene Centre, after restrictions were eased (Ronnie and Mollie immersed in school work!) and Peter and Oaken visited Iford once or twice – again before Lockdown Three materialised. Paul Marshall and I completed a few reps sessions on various days when the 1:1 paddling was allowed, against strongish flows on the Stour and that's about it. No results and awards to boast of by anyone sadly as there have been no competitions. So paddling has been on an individual 'maintaining fitness' level. Because of that we have decided not to award the Slalom Trophy to anyone this year – and let Mollie keep it as custodian for another year since it was awarded to her for 2019-2020 (when that is, she manages to collect from the 2018-2019 recipient Oaken ! 😊)

Canoe Slalom in the UK has its own website (<http://www.canoeslalom.co.uk/info/precision.htm>) and that contains lots of information – not the least of which is the ranking lists for the different Divisions. Our club members are in Divisions three and four - and those competitions in Division three find their results automatically and with superb efficiency entered onto the national database, almost before we get home from the competition. The Division four meeting results are handled manually and don't appear quite as quickly – but nonetheless do feature on the national division rankings that can be viewed on the UK Slalom website. The organisers also provide a 'club ranking list' so if you fancy featuring on that list, come along to a few competitions and try slalom kayaking out once everything restarts. (www.canoeslalom.co.uk/rankings/club_league.shtml?clubid=220&Show=Show)

With the Covid related issues that the whole country/world has experienced, the National Slalom Committee decided to combine 2020 with 2021 - so in effect last year's rankings were frozen and will just carry on from the March 2020 positions when any competitions resume – the current decision on 2021 being, that nothing will happen until at least March – or perhaps realistically later in the late Summer / Autumn. That position of course may be extended further; we obviously just don't know. On the plus side of things – should everything go much better than expected and restrictions are again relaxed to allow competitions to go ahead, there is scheduled (at the moment) to be a possible slalom meeting at Langham Farm, Frome in late May; a fairly benign course at which new interested members could easily take part. The venue for the competition is easily driveable on the day to arrive for 9.00/9.30am although members have in the past camped there for the weekend. Let's see how things go re

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confirmation of the event - the movement restrictions - and of course developments regarding Covid itself. If you have absolutely nothing to do at some point in the next few days it may be interesting to look at the draft 2021 slalom calendar (pdf) – which certainly shouldn't be taken as too well finalised and defined at the moment. It is viewable here >> http://www.canoeslalom.co.uk/committee/2021Calendar_draft.pdf

If you'd like to explore what slalom is all about then our own website has a couple of pages with links to the UK Slalom information >

<http://www.pooleharbourcanoecub.uk/slalomresultsandnews.html> and if you fancy a little exploration of some of the rules and the techniques – why not, just for fun – look at the 'Slalom Training' page on our website. www.pooleharbourcanoecub.uk/slalomtraining.html

If that looks too easy then have a look at the link at the bottom of that page – and explore some of the training notes Daniel Goddard's page has to offer. Lots of video demonstrations as you scroll lower down the pages.

<https://danielgoddardcoaching.weebly.com/blog>

Have fun and hope we can all meet up again soon.

Bill Richmond

January 14th 2021

Appendix 6 - PHCC Canoe Polo 2020

PHCC members still regularly play polo concentrating on drills and practice in outdoor environments at Riverside and more recently following approval by BCP council in the Poole Park boating lake. We are currently running fortnightly sessions subject of course to restrictions and weather at 10:30am on Sunday mornings.

Thanks to all members who have helped keep canoe polo going during these difficult times.

South West Regional Canoe Polo League Tournament - We were fortunate in being able to complete all of our tournament league matches before the first lockdown although sadly the full tournament was cut short due to lockdown. Considering it was our first season playing at this level all participants and helpers can hold their heads high.

Special thanks to Peter Hobby whose hard work and enthusiasm has made this possible and also to David Evans for getting and driving the minibus and trailer which allowed the team and equipment to all travel together. Thanks also to our competitor teams who have been very helpful and free with encouragement and advice.

Due to the ongoing restrictions there is no 2020/21 league season but it remains my hope to campaign the 2021/22 season.

Equipment - Whilst most of the polo boats remain at Ferndown pool some Revenges and paddles are on loan to regular players to enable the continuation of outdoor training. Most other equipment is either in a container at Riverside or my garage for the same purpose. I hope to have some new polo balls very soon as the old ones are well worn.

Finally, by Spring I hope to have a floating raised goal for open water use.

2021 Plans - The most important challenge to keep the PHCC Krackens team viable at regional tournament level is the recruitment of new players. Hopefully if we can resume pool sessions later this year this task will become easier. I hope to be to approach Bournemouth university with a view to attracting new players and indeed club members. I would also like to contact other local canoe clubs to join us for polo; it was after all this approach several years ago by Peter Hobby that attracted me to the sport and subsequent PHCC membership.

I hope to expand the use of the Poole Park lake during the lighter evenings, late April to mid September to accommodate evening sessions.

Finally, I would like to thank the Trustees for the support and encouragement they have given me and (especially Vince) for their patience with my inept IT and social media skills.

Evan Cotterill

January 2021

Appendix 7 - Training Report 2020

2020 has been a very strange and frustrating year for all of us.

We ran a Coaches meeting on the 2nd March 2020 albeit with the COVID 19 pandemic looming. No one was aware of the crisis that it would bring and the life changing moments we would witness especially for those that experienced the illness and tragically the mortality rate that was to follow.

A training plan for the year was created and was well supported by the coaches and leaders. Following a proposal made by Paul Levett, night paddling was discussed with emphasis on the management of these paddles when returning in darkness. We subsequently ran two training sessions on the 13th and 16th March and worked up a brief for coaches and leaders to use.

On Monday 23rd the first period of Lockdown occurred, and all club activity and training was suspended and the club closed.

As lockdown 1 came to an end in early July, we were able to run the following training courses and paddle programme:

- One BC Discover award out of Lake Pier run by Rose Purkiss
- Restart of the Discover award programme at Riverside by Neil Turner
- Two BC Explore Awards. Course 1 Paulette Hills and Jenni Dennett and Course 2 Anne Levitt and Viv Nicholls
- Two Sea Kayak Awards. Course 1 Steve Hills and Dave Rodgers and Course 2 Cheryl Williams and Paul Levett
- Wednesday evenings club nights at Lake Pier through July, August and September
- Our weekend paddle programme in Poole through July, August September and October
- General purpose paddling and race training at Riverside



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On the 5th November 2020 Lockdown 2 was introduced causing all our programmes and the club to close again. This ended on the 2nd December.

We re introduced a limited weekend paddling programme through December with several sessions moved or cancelled due to poor weather.

I would like to thank all the coaches who offered their services to run the above paddling programmes especially through the COVID crisis which placed additional burdens and tasks on everyone as we attempted to get members afloat in a COVID secure environment. Thanks to Graham Norman for putting together the coaches rota for Wednesday evenings at Lake Pier, not an easy task.

Thanks, must go to Paulette Hills and Neil Turner who very diligently managed the COVID procedures and protocols at Lake Pier and Riverside. Without their input we would not have been able to reopen the club following the end of Lockdown 1.

Riverside were able to run a 2-day Aquatic first aid course in November led by John Wheeler that was attended by 12 members. We thank John for his assistance in doing this.

Our weekend paddles are always well supported and managed by a very professional team: Bill Richmond, Frazer Ely, Paulette Hills, Alan Trevarton, Helen Conyers and Cheryl Williams, Paul Levett, Neil Turner, Ian Chivers, Graham Norman, Michael Taylor, Rose Purkiss. Again, my thanks to those people for their time and effort through this difficult year.

The rolling courses at Ferndown swimming pool were cancelled in their entirety due to the ongoing pandemic.

Investment in new equipment continued at Lake Pier with the purchase of several more open canoes and sea Kayaks. We now have an exceptionally good fleet of these craft ready and waiting for use.

Let's hope 2021 allows us to use them to maximum benefit although the start of the year is not looking too good at the moment, but fingers crossed as the vaccine programme gets under way.

Steve Hills January 2021



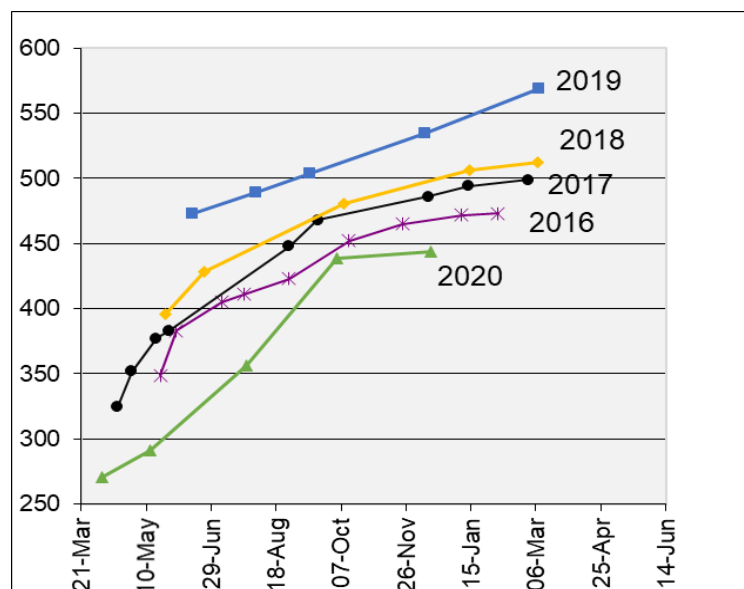
Alan Trevarton's 3rd Saturday paddle in December - we are always on the lookout for new members!

Appendix 8 – Membership Report 2019

Membership

Membership stands at 444 as of mid December which considering the events since end of March shows a heart- warming loyalty to the club and strong optimism from the new members of the club although I don't expect to add any new members until the end of lockdown #3.

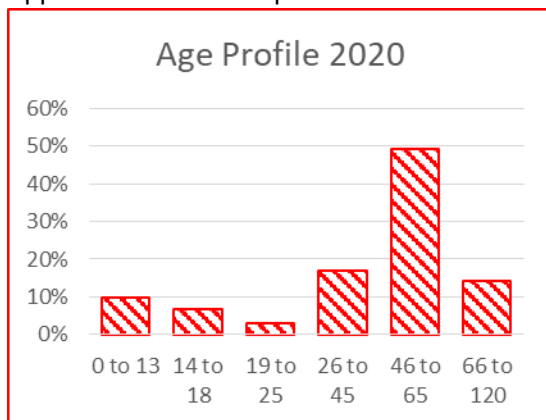
For 2021/2022 the committee have agreed no price rise for membership fees or storage. To thank members who paid subs without knowing when lockdown #1 would end the club will be offered a discount which will replace the early bird discount. The treasurer is looking at what we can afford as many of our bills keep rolling in so don't get too excited about the size of the discount yet.



Membership as of Dec/Jan each year for comparison.

2020	444 members
2019	535 members
2018	506 members
2017	494 members
2016	472 members
2015	502 members
2014	484 members

Appendices Annual Report 2020



Clubs age profile is similar to previous years, 60% over 45 and 20% under 18 (The junior membership is a mix of family and junior memberships so the active number of junior paddlers is somewhat less than the numbers show.)

Male to Female numbers favour the men so maybe more ladies paddles are needed.

Overall Stats

Total Membership	444
Male	267
Female	177
Juniors	74
Adults	370
'Family' members	256
'Single' members	188

Detail Stats

Age Split	Male BC	Female BC	Male non BC	Female non BC	Total
0 to 14	2	1	20	21	44
15 to 18	2	3	15	10	30
19 to 25	2	0	8	4	14
26 to 45	9	8	24	34	75
46 to 86	60	22	80	56	218
	91	38	176	139	444

Andy Coomes

Membership Secretary

January 2021